

September, 2017

1% or Skim milk provided
Margarine available

MENU ITEMS SUBJECT TO CHANGE

\$3.00 SUGGESTED DONATION

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|--|--|--------|
|  | | | | 1 |
| Labor Day Closed  | 4 5 Parmesan Crusted Pollock Baked Potato Scandinavian Veggies Sour Cream Multi Grain Bread Plum | 6 Apple Juice Spaghetti Meat Sauce Romaine Salad Ranch Dressing Italian Bread Birthday Cake | 7 Pasta Fagioli Unsalted Crackers Chicken Salad Lettuce Bed Tomato Olive Salad Pickled Beets Multi Grain Bread Peaches | 8 |
| 11 Apricot Ginger Grilled Beef Strips White Rice Spinach Pumpernickel Bread Citrus Sections | 12 Cream of Broccoli Unsalted Crackers Southern Grilled Chicken Salad with Olives, Tomatoes, Black Beans, and Corn Dressing Corn Muffin Cinnamon Applesauce | 13 Roasted Turkey Turkey Gravy Mashed Potatoes Geneva Blend Veggies Cranberry Sauce Biscuit Tropical Fruit Cup | 14 Lemon Pepper Fish Fruited Rice (with Apples) Broccoli Pumpernickel Bread Fruit Cocktail | 15 |
| 18 Veal Scaloppini over Parslied Buttered Noodles Beets 100% Whole Wheat Fruit Cocktail | 19 Cranberry Juice Broccoli Bake Stewed Tomatoes Romaine Salad French Dressing Rye Bread Oatmeal Raisin Cookies | 20 Orange Juice Baked Chicken Parmesan Rigatoni and Sauce Spinach Salad Italian Dressing Italian Bread Cinnamon Applesauce | 21 Yankee Bean Soup Unsalted Crackers Tuna Salad with Celery and Onion Carrot Raisin Slaw Hot Dog Roll Apricots | 22 |
| 25 Homemade Meatloaf Onion Gravy Sweet Potato Peas Potato Bread Plum | 26 Apple Juice Herbed Chicken Legs Cheesy Rice Oriental Blend Veggies 100% Whole Wheat Warm Peach Cobbler with Topping | 27 Codfish Cakes Steak Fries Cole Slaw Ketchup Corn Muffin Tropical Fruit Cup | 28 Cranberry Juice Open Faced Turkey Sandwich with Gravy Buttered Noodles Peas and Carrots Apple Pie | 29 |